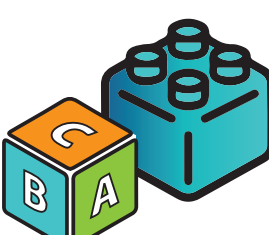

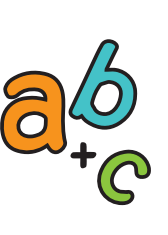

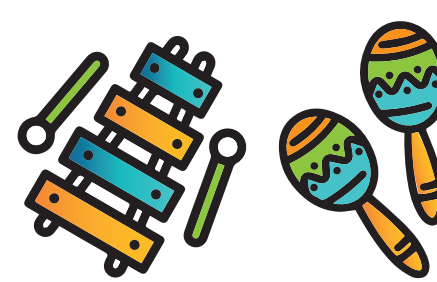



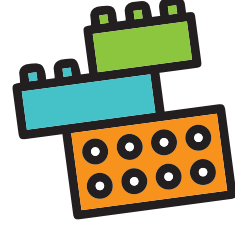


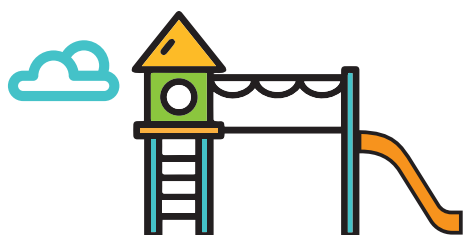





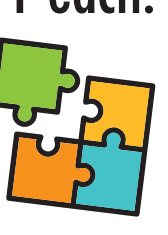



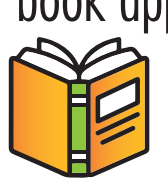
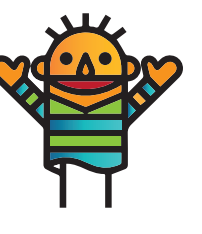







TIME ALLOCATION		PROGRAMME ACTIVITY	ACTIVITIES
Times depend on when the pre-school opens and closes. Activities should be set out before children arrive and breakfast time set — not dependent on children arriving. Parents must adjust to set times for meals so that the other children don't wait too long for food.			
7.00	60min	Arrival and indoor Free Play *NOTE: on hot summer days please swap free play inside with outside (10:15) OUTDOOR play first in heat!	Children greeted by name as they arrive. Scan health and emotional wellbeing. Children store bags. Stay inside. Free play inside. Minimum of 4 activities set out each day, changing at least twice during the week. MATS: ① Construction toy or Lego ② Books, puzzles or educational game TABLE: ① Mark making (writing or drawing) ② Fine motor activity   
8.00	20min	Breakfast 	Talking, using inside voices, is allowed Start and end with songs or rhymes about health, food and giving thanks
8.20	15min	Toilet & WASH	Line up and waiting time must be useful: Singing, counting, vocabulary extension Reminders of WASH principles, not wasting water
8.35	25min	Morning Ring Topic Discussion / Activity	Start with greeting song /songs. 1 or 2 more songs, maybe related to theme. +/- 10 minutes ★ Weekend news and sharing. 4 or 5 children share ★ Theme discussion (knowledge of the world) ★ Music ring: Instruments, movement and dance ★ Extend theme discussion ★ Weather. Days of the week, months, seasons, Birthdays, any special occasions. Social skills. Good values, personal safety etc  
9.00	60min	Indoor Focused Time 25 minutes - whole group 5 minutes 25 minutes - small group	    Word works activities, focused Lego activities, numeracy activities Active song or chant to shake the wiggles out before small groups Creative activity/knowledge of the world
10.00	15min	Refreshment 	Water. Healthy snack: fruit, unsweetened yoghurt, cow's milk, peanut butter or margarine sandwich, homemade popcorn. *Avoid giving these snacks: biscuits, potato chips, maize chips, commercial popcorn, sweets.
10.15	60min	Outdoor Free Play 	At least 4 different activities each day, in the food garden if applicable. Minimum of 1 each: ① Creative art activity ③ Physical Play ② Fantasy/Make believe ④ Sensory Play    
11.15	15min	Toilet, WASH, Drink	Line up and waiting time must be useful: Singing, counting, vocabulary extension Reminders of WASH principles, not wasting water
11.30	45min	Indoor Free Play	At least 4 different activities. Minimum of 1 each: ① Construction ② Fantasy ③ Books and puzzles     
12.15	15min	Story	Every day. Use Big books, Book Dash books, hanging libraries You can also download stories from Book Dash and African story book apps No data required. Also include pictures, puppets, drama Children can tell stories. Maybe an audio story occasionally   
12.30	30min	Lunch 	Cooked lunch with protein, starch and vegetables   
1.00	60min	Nap/ quiet play	From 4 years children may not go to sleep but should read a book or play quietly with puzzles, drawing or writing.
2.00		Free play/ departure	Same free play activities as for early morning should be available. Children should not sit waiting, doing nothing.